



Hope Lutheran Church
6414 North Hampton Drive
Austin, TX 78723
Building 400 Hope Harbor
Thursdays, August 2-23, 2018
1-3pm

*We are never too old to learn new things! This **FREE** program is designed especially for people over 55. Together we will explore new paths to wholeness: physical, emotional, and spiritual.*

*Uncharted trails emerge as we pass the half-century marker. This is our third **FREE** workshop giving seniors tools to live more productive lives. This workshop focus will be gaining new knowledge to find ways to pass on family and our personal stories to our children and grandchildren, learning about helpful apps and usage of smart phones to enrich our lives and communicate with the younger generation. We will also, talk about passing on our spiritual legacy, acquiring tools to simplify our lives, and learning about the important documents we need to have as we age.*

To register contact:

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